

# AFTER CARE

first 24-48 Hours

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# Brow lamination and Tint

## First 24-48 hours

- Keep your brows dry and untouched (avoid water, steam, excessive sweating, or heavy humidity)
- Do not apply makeup, creams, oils, or self-tanner around the brow area
- Avoid touching, rubbing, or brushing your brows while they set
- Sleep on your back if possible to avoid pressing on the brows
- Avoid sun exposure, saunas, and tanning beds during this time

## Ongoing Care

- Gently brush brows daily with a clean spoolie to keep their shape neat and lifted
- Use a nourishing brow oil or conditioner daily to keep the hairs hydrated and healthy
- Avoid harsh exfoliants, retinol, or strong skincare directly over the brows
- Use oil-free cleansers around the brows to help the tint last longer
- Avoid scrubbing or exfoliating the brow area, which can cause the tint to fade faster
- Brow lamination last up to 4 weeks
- Tint lasts 2–4 weeks on hair and up to 7 days on skin
- Retention depending on your skin type and aftercare
- **Recommend re-book minimal in 4 weeks**

# Waxing / Threading

## First 12- 24 hours

- Avoid touching or applying makeup to the treated area for 12–24 hours.
- Do not expose the skin to sun, tanning beds, steam rooms, or saunas for 24 hours.
- Avoid exfoliating or using active ingredients (AHA/BHA, Retinol) for 48 hours.
- Apply a soothing aloe gel or cold compress if mild redness occurs.

## Ongoing Care

- Gently exfoliate the area 2–3 days after to prevent ingrown hairs.
- Keep the area clean and hydrated.
- Book maintenance appointments **every 3–4 weeks for best results.**

# Lash Lift & Tint

## First 24-48 hours

- Keep lashes dry ( avoid water, steam, sweat, and makeup)
- Do not rub or sleep on your lashes during this time.
- Avoid mascara (especially waterproof)
- Do not use lash curlers

## Ongoing Care

- Brush lashes daily with a clean spoolie to keep them separated and neat.
- Apply a nourishing lash serum or conditioner to keep them hydrated.
- Lash lifts typically last 6–8 weeks, depending on your natural growth cycle.
- **Re-lift recommend min 4 weeks after appointment**

# Gel Manicure/ Regular Polish

## After care

- Allow polish to fully dry or cure (avoid hot water, steam, or heat for a few hours)
- Be gentle with your nails for the first 24 hours, especially with **regular polish**, as it may take longer to harden fully (no sandy or dusty places)
- Use gloves when washing dishes, cleaning, or doing any tasks that may expose nails to water or harsh chemicals.
- Apply cuticle oil daily to keep nails and surrounding skin hydrated and healthy

## Ongoing Care

- Avoid picking, peeling, or biting the polish **can damage your natural nails**
- If a nail chips, gently file it down to prevent lifting or further damage
- Keep nails away from harsh cleaning products or excessive moisture without protection.
- Book regular maintenance:  
Gel manicures: Every 2–3 weeks for infills or removal.  
Regular polish: Every 1–2 weeks or as needed for touch-ups
- Always have gel polish professionally removed to avoid weakening the natural nail

## ⚠ Important Reminders

- Any redness or mild irritation should settle within 24 hours
- If you experience unusual swelling, severe irritation, or allergic reactions, contact the studio immediately
- Proper aftercare helps prolong your results and protect your skin, lashes, and nails

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